

FOR EVERY BODY

I've done dry January, got my fitness routine back on track; next up, attending to the skin that's been languishing under winter layers. It starts with much-hyped US import Nécessaire, just landed at SpaceNK.

Don't be fooled by the unfussy names and packaging; laced with skincare-grade ingredients such as niacinamide, vitamin C, ceramides and hyaluronic acid, this range is anything but basic. Fragrance-free The Body Serum, £45, is a particular revelation – thicker-textured than a traditional serum, while being non-sticky and fast-absorbing, it leaves skin unbelievably soft and luminous. It's even better used after The Body Exfoliator Eucalyptus, £30, which combines acids with pumice in a skin-smoothing gel. For maximalist tastes (and my very dry legs) there's Caudalie Vinotherapist Replenishing Vegan Body Butter, £23. It's rich, full-bodied and smells rather like frangipane. Delicious.



NÉCESSAIRE THE BODY EXFOLIATOR EUCALYPTUS, £30, SpaceNK



NÉCESSAIRE THE BODY SERUM, £45, SpaceNK



CAUDALIE VINTHERAPIST REPLENISHING VEGAN BODY BUTTER, £23

The
BEAUTY
influencer



RED'S BEAUTY DIRECTOR EVE CAMERON SHARES A FEW OF HER FAVOURITE THINGS



Equal parts sweetly moreish (it's the vanilla, fig and rum), earthy and carnal; a singular scent from an independent perfumery brand to know.
OLFACTIVE O GOURMAND, £60

PHOTOGRAPHY: DAVID VENN; KATE DAVIS-MACLEOD

STYLE AND SUBSTANCE

Who doesn't love a little something from Chanel? And now there's a new line of skincare, makeup and fragrance to love. No1 de Chanel is based around the red camellia (which does good things for the healthy functioning of the skin). There's eco-conscious packaging, too – lighter-weight bottles and jars, unvarnished lids, no cellophane wraps, a moisturiser that can be refilled... I'm taken with the **Powder-to-Foam Cleanser**, £42 (so divinely creamy), and the **Lip and Cheek Balms**, £38 each, which nourish, leave an expensive-looking sheen and have the most satisfying colour payoff.



TAKE TWO: EYE CREAMS

For tired-looking eyes: When sleep eludes, **Rose Inc Eye Revival Brightening Eye Cream**, £42, saves. The pearlescent finish disguises shadows, niacinamide provides backup and squalane delivers lightweight hydration. It doubles as a makeup primer, too.



For unloved lines: **Clinique Smart Clinical Repair Wrinkle Correcting Eye Cream**, £45, bolsters skin's resilience and smooths crow's feet.

